

Website: [www.wixomgov.org](http://www.wixomgov.org)

December 2024 and January 2025

*New programs are being added. Please watch your email & pick up a calendar in the senior lounge. Emails are sent to members. If you are not receiving email updates and wish to do so, please contact me for membership information.*  
Melisa 248-624-0870

## City of Wixom Senior Program

49015 Pontiac  
Trail Wixom, MI 48393  
248-624-0870

### Web:

[www.wixomgov.org](http://www.wixomgov.org)

### Senior Program Contact:

Melisa Burnham  
Email: [mburnham@wixomgov.org](mailto:mburnham@wixomgov.org)

### Senior Program Lounge Hours:

Monday-Thursday  
9:00 AM-3:00 PM



Wixom Senior Center threw an amazing Halloween Party complete with goblins, ghosts and daring tricks! Delicious treats were provided by our sponsor, Waltonwood Novi. We wrapped up the fun afternoon with some trick-or-treating at the city offices.







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10735 BOGGIE LAKE RD., COMMERCE  
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15-0762

## Wixom Community Center & Senior Center Standards

In a commitment to providing a welcoming environment, the Wixom Community Center & Senior Center Standards (WCC/SC) must be free of any form of harassment, including sexual harassment based on gender or related medical conditions, as well as harassment based on race, color, creed, national origin, ancestry or citizenship or other categories protected by law. Unlawful harassment of WCC/SC members, non-employees or employees by WCC/SC members, non-employees or employees will not be tolerated.

Inappropriate behavior could result in removal from the WCC/SC, and/or suspension or termination of the privilege of attending. All conduct violations will be discussed and evaluated by the City Manager for further action. The following are examples of the behavioral expectations for the WCC/SC:

- Loud & disruptive behavior will not be tolerated.
- **Be respectful** to staff and surrounding patrons.
- Abusive or defamatory language, threats or physical violence will not be tolerated.
- Participants are expected to have good personal hygiene and proper manner of dress.
- Participants should be able to function independently within the WCC/SC with the use of adapted equipment as needed.
- Anyone who appears to be under the influence of alcohol or illegal drugs while in or around the WCC/SC will be required to leave. Transportation will be arranged.
- Kitchenette use is for staff only.
- **Absolutely NO bullying!**

### Lakes Area youth Assistance Adopt-a-Child 2024



Wixom Senior Center is excited to participate again this year in Lakes Area Youth Assistance Adopt-a-Child 2024 program. We are sponsoring 4 children (girl 12, boy 17, girl 10, and girl 10).

Sign up for their sizes, needs, and wishes are in the senior lounge.  
 Gifts are due by December 3rd at 3:00 PM UNWRAPPED in senior lounge. Box is marked.  
 Cash donations will also be accepted for purchasing items on their list not covered.



**Wixom Senior**

## THANK YOU FOR YOUR GENEROSITY!

**Center donations:**

Hospitality House	October 17, 2024	139 pounds of supplies
Veterans	October 23, 2024	Car load



**We will continue to collect donations for:**

Ronald McDonald House Pop can tops

**Hospitality House** Personal care items, canned tuna or chicken, canned vegetables and fruit and boxed goods. They are asking for paper products like face tissue, toilet paper and paper towels.

**Store Grocery Bags** Kroger, Meijer, Kohls, Aldi and any other plastic bags that you have collecting in your home. A local church



# Programming and Special Events

## Gingerbread House Contest

**Date:** Pick-up Monday November 25  
Return Monday, December 2

**Time:** 9:00 AM-3:00 PM

**Cost:** Free

**Location:** Wixom Community Center

**Registration Required.** Limited to 20

Gingerbread houses can be creative and fun! Create your house in anyway you wish and feel free to add additional specials. The houses will be on display December 3 thru December 11th for everyone to vote.

**Sponsored by:**



## Knitting

**Dates/Times:** Tuesdays

December 3 at 1:00 PM

December 10 at 1:00 PM

January 7 at 12:00 PM

January 14 at 12:00 PM

January 28 at 12:00 PM

**Location:** Senior Center Lounge

**Cost:** Free

**Registration required.**

Always looking for a new hobby? Want to create gifts for friends and loved ones? Already know how to knit but would love the company? Join us on Tuesdays in the lounge as we knit together. We have yarn and needles to get you started.



## Tuesday Trivia

**Dates:** Tuesdays, December 3 and January 7

**Time:** 2:00 PM-3:00 PM

**Cost:** Free

**Location:** Senior Center Lounge

**Registration required.**

Trivia is a great way to keep your brain sharp while having fun! You don't want to miss this great time challenging what you know.

**Sponsored by:**



## Krafts with Kari

**Date:** Monday, December 9

**Time:** 1:00 PM-3:00 PM

**Cost:** Free

**Location:** Senior Center Lounge

**Registration required.**

Answer your creative calling... Join us in doing a fun craft with Kari West from Care Patrol. Come ready to create an amazing summer surprise craft.

**Sponsored by:**



## Anyone Can Paint

**Dates:** Thursday, December 5 (MOVED TO CITY HALL)

Wednesday, January 15 (PLEASE NOTE DAY CHANGE)

**Time:** 2:00 PM-4:00 PM

**Cost:** \$23 (cost covers instruction and all materials)

**Location:** Senior Center Lounge/City Hall

**Registration required.**

Join us for a fun class to learn the art of acrylics. Complete a new project each month.

Anyone can paint with the step-by-step guidance from Steve Wood.



## Who has a Birthday in October, November, December ?

**Date:** Tuesday, December 17

**Time:** 11:30 AM-12:30 PM

**Cost:** Free if your birthday is in October, November, December and \$5 for other seniors

**Location:** Senior Center Lounge

**Registration required.**

Let's celebrate all the October, November, December birthdays. Enjoy a lunch, birthday cake and sharpen your vocal cords and be ready to sing "Happy Birthday."



# Programming and Special Events

## Empower Mind Name Memory Class

**Date:** Monday, January 13  
**Time:** 11:30 AM-12:30 PM  
**Cost:** \$10 fee  
**Location:** Senior Center Lounge  
**Registration required.**



In this vibrant, experiential and interactive one hour mini-workshop, you will learn HOW to remember people's names AND retain them. You will learn WHY you forget names not only from your unique learning standpoint-but also how the mental/emotional elements play a role as well. Are you ready to have some fun? You will leave with your own personal success of remembering names, better than you thought possible.

## Wills, Trusts & Ladybird Deeds

**Date:** Wednesday, January 15  
**Time:** 11:30 AM-1:00 PM  
**Cost:** Free  
**Location:** Senior Center Lounge  
**Registration required.**



Your presenter is Gary F. Allen, an Estate Planning & Elder Law Attorney with more than 30 years of experience in advising clients. His presentation is filled with stories and anecdotes you will long remember. What is Probate and why do I want to avoid it? What does it cost to go through Probate? What is a Ladybird Deed? What are Powers of Attorney?

## Hospice 5 Wishes

**Date:** Wednesday, January 22  
**Time:** 11:30 AM-12:30 PM  
**Cost:** Free  
**Location:** Senior Center Lounge  
**Registration required.**

Do your loved ones know your wishes? Your decisions are the right decisions for you. Help your family understand your choices. Five Wishes is a living will that addresses your personal, emotional and spiritual desires, as well as your medical wishes.



## Winter Bracelet Making

**Date:** Tuesday, January 14  
**Time:** 11:30 AM- 12:30 PM  
**Cost:** Free, all materials provided  
**Location:** Senior Center Lounge  
**Registration required.**

Join us for a Winter Beading Bracelet Class! Warm up with snow themed beads and hot chocolate, hosted by Brookdale, Novi.



## Thank You Veterans

**Date:** Tuesday, January 21  
**Time:** 11:30 AM- 12:30 PM  
**Location:** Senior Center Lounge  
**Cost:** Free  
**Registration required.**



We would like to thank all the Veterans by treating them to a special luncheon. Please join us for a small token of our appreciation for all you did for our freedom.

## Tile Painting

**Date:** Monday, January 27  
**Time:** 1:00 PM-2:30 PM  
**Cost:** Free  
**Location:** Community Center  
**Registration required.**

Bring your creativity and be prepared for a fun afternoon of tile painting. Create a set of coasters, hot plate for the kitchen or a fun decorative piece for your home..





# Programming and Special Events

## Chair Volleyball

### December 2024

December 10 (Tuesday) 1:00 PM-2:00 PM  
December 17 (Tuesday) 1:00 PM-2:00 PM

### January 2024

January 7 (Tuesday) 1:00 PM-2:00 PM  
January 14 (Tuesday) 1:00 PM-2:00 PM  
January 21 (Tuesday) 1:00 PM-2:00 PM  
January 28 (Tuesday) 1:00 PM-2:00 PM



**Cost:** Free

**Location:** Wixom Community Center

**Registration Required.**

Please register for all classes, trips, events, and more! **Registration is required even if events are free!**  
It helps us prepare for seating, snacks and more.

Its easy as 1-2-3!

Simply call Melisa at 248-624-0870

**You can pay with cash, check, or credit card!**

**Thank you in advance!**

### IMPORTANT NOTICE

1. Effective October 1st Wixom Senior Center and Parks and Recreation will be using a new website for registration for programs, events and trips. Follow the steps on the right to find the registration link.
2. Effective October 1st payment is required at the time of registration to be registered for a program, event or trip.
3. Please do not sign up for programs, events and trips if you do not plan on attending. If you are no longer able to attend something you registered for, please call Melisa. Many times there are waiting lists.



Looking for us on the computer?

1. Go to City of Wixom Website
2. Departments
3. City Manager
4. Wixom Seniors

# TRIPS

## Hospitality House Tour

**Date:** Tuesday, December 3  
**Time:** 10:00 AM-11:00 AM  
**Location:** meet at Hospitality  
2075 E. West Maple Road, Suite B 204 Commerce Twp., MI)  
**Cost:** Free  
**Registration required.**

What exactly is Hospitality House? Where does the food go that I donate? Who receives the donations? Come learn the answers to these great questions as we take a tour of the Hospitality house.



## Meadowbrook Trip "A Christmas Carol"

**Date:** Wednesday, December 4  
**Time:** 9:45 AM-5:30 PM  
**Cost:** Members \$115 Non-Members \$125 includes round trip transportation, luncheon in beautiful Meadow Brook Hall and ticket to 'A Christmas Carol' at Meadow Brook Theater  
**Registration Required.**

Join us as we travel to Meadow Brook Theater in Rochester, Michigan. We will start the day with a tour of Meadow Brook Hall taking in all the breath taking Christmas decorations. Enjoy lunch in either the Ballroom or Wilson Hall. Let's top this amazing day off with seeing the 'Christmas Carol' at Meadow Brook Theater.

## Lunch Bunch

**Date:** Wednesday, December 18  
**Time:** 12:00 PM  
**Cost:** Lunch on your own  
**Location:** Wixom Station  
49115 Pontiac Trail  
Wixom, MI 48393  
**Registration Required.**



Tired of eating alone? Love trying new or favorite restaurants? Meet at the restaurant and ask for the Wixom Senior Center table. Enjoy lunch with friends!

## Lunch Bunch

**Date:** Wednesday, January 29  
**Time:** 12:00 PM  
**Cost:** Lunch on your own  
**Location:** Applebee's Grill & Bar  
47900 Grand River Avenue  
Novi, MI 48374  
**Registration Required.**



Tired of eating alone? Love trying new or favorite restaurants? Meet at the restaurant and ask for the Wixom Senior Center table. Enjoy lunch with friends!

## Firekeepers Casino Trip

**Date:** Tuesday, December 31  
**Time:** 8:40 AM- 6:30 PM  
**Location:** meet in Menards parking lot in Wixom  
**Cost:** \$43 (includes round trip transportation, \$20 Free Play and \$10 food voucher, and additional 55 points)  
**Registration required.**

Want a day away? Enjoy Firekeepers Casino in Battle Creek, Michigan.  
Good luck hitting that Jackpot!



## Membership Renewal

Membership renewal forms are available in the Wixom Senior Center Lounge. Call Melisa if you are uncertain if your membership is coming due to renew.  
248-624-0870



# Special Events

## Christmas Party

**Date:** Thursday, December 12

**Time:** 12:30 PM-2:00 PM

**Cost:** Members \$10 (Wixom Senior Commission is covering \$5) Non-Members \$20

**Location:** Wixom Community Center

**Registration required.**

You're invited for some Holiday cheer to celebrate this special time of the year! Enjoy a lovely luncheon followed by John Russell, Holiday Magician.



## Downtown Development Candy Cane Lane

**Date:** Thursday, December 11

**Time:** 5:30 PM- 7:00 PM

**Location:** Wixom Community Center-outside the front door

**Sign- up** available in the Wixom Senior Center Lounge

Join us for a fun evening of passing out candy canes to the children for the Down Town Development's Candy Cane Lane.

Feel free to grab your Santa hat, Rudolph nose or antlers to dress for the season.



# GAMES

Looking to have some fun playing cards?  
We are happy to deal you in!

### Hand and Foot

Mondays 11:00 AM

### Euchre, Pinochle, Mexican Train

Wednesdays 11:30 AM

### Mahjong

Thursdays 1:00 PM



Wixom Senior Center has a closet full of games for you to use! Grab a friend and hang out at the center.



*Looking for your talent...*

Wixom Senior Center is looking for instructors to teach knitting, crochet, jewelry making or other crafting skills. Please contact Melisa (248-624-0870) if you can help teach a class or have a connection to someone who could help.



# Health and Fitness

## Senior Exercise Class

A one-hour class of stretching, low impact cardio and weight training. Suitable for all ability levels. Please bring your own hand weights.

Classes will be held on Mondays and Wednesdays, with the following exceptions:

**No class on December 25 and 30  
January 1 and 20**

Day	Time	Cost
Monday	10:00 AM - 11:00 AM	\$2.00
Wednesday	10:00 AM - 11:00 AM	\$2.00

## Line Dancing

Line dancing is a fun, healthy, popular & rewarding activity which improves memory & endurance. Dances & music will vary from party songs to country, pop, Latin & Island beats.

For the beginner, we will introduce basic line dance steps & slowly incorporate them into fun dances, including those commonly enjoyed at weddings & parties. We will then progress to an intermediate style level for those who have completed the beginner portion of class and would like to learn slightly more challenging dances.

It is helpful to attend regularly. Each class will allow time for learning new dances and practicing previously learned dances.

Classes will be held on Tuesdays with the following exceptions:

**No class on December 24 and 31**

Day	Level	Time	Cost
Tuesday	Beginner/ Intermediate	12:30 PM-1:30 PM	\$5.00

## Zumba Gold

Fun low impact cardio workout class designed for Zumba beginners to active older adults looking for a modifiable or lower impact Zumba class like the ones they have grown to love. Fun easy to follow choreography with wide variety of music and styles to keep your body moving and your brain engaged.

Classes will be held on Thursdays, with the following exceptions:

**No class on December 26 and January 2**

Day	Time	Cost
Thursday	10:00 AM-11:00 AM	\$5.00

## Chair Yoga

Yoga class that uses a seated chair position as well as standing by the chair for optional balance assistance. This class will start and end in the seated position with standing poses in between. No floor! Involves breathing exercises, range of motion, balance, strength and lots of stretching making them likely to feel relaxed and ready to conquer the world.

Classes will be held on Thursdays, with the following exceptions:

**No class on December 26 and January 2**

Day	Time	Cost
Thursday	11:00 AM-12:00 PM	\$5.00

## Fitness Bonus

*This is for Senior Center members only.*

You can pre-pay for 9 classes and receive the 10th class free!  
Pay \$45 for 9 Line Dancing / Zumba/Chair Yoga classes and enjoy the 10th for free!

Pay \$18 for 9 Senior Exercise classes and enjoy the 10th for free!

You may pay by credit card, check or cash.

## Helpful Resources City of Wixom

### Non-Emergency Numbers

**Fire** 248-624-1055

**Police** 248-624-6114

**City Manager** 248-624-0894

**Clerk/Voting** 248-624-4557

**Community Ctr.** 248-624-2850

**Senior Center** 248-624-0870

**Finance/Taxes** 248-624-0885

**Library** 248-624-2512

**DPW** 248-624-0141

### AARP Member Services

888-687-2277

### AgeWays

248-262-9999

### Haven: 24 hour crisis & support line

877-922-1274

### Hospitality House

248-960-9975

### Myride2

855-697-4332

### Oakland County Health Division Nurse on Call

800-848-5533

### Oakland County Senior Services

248-858-0213

### OLHSA—Affordable Assistance

248-209-2675

### People's Express

877-214-6073

### St. Vincent De Paul

248-624-1421

### West Oakland Meals on Wheels

888-886-8971

### City Council:

Patrick Beagle, Mayor

Thomas Rzeznik, Deputy Mayor

Peter Behrmann

Keenan Gottschall

Tia Gronlund-Fox

Robert Smiley

Peter Sharpe

### City Manager:

Steven Brown

### Senior Commissioners:

Jean Korleski, Chairperson

Anna Contreras, Vice Chair

George Carty

Judy Celinske

Mary Grant

Kathleen McLaurin

Doris Dubilzig



Ghoulish Pumpkin Painting  
October 8 was so much fun!  
Thank you Brookdale of Novi for  
sponsoring this fun morning!



## Equipment Loan Program



Wixom Senior Center has a wonderful  
Equipment Loan Program.



We have wheelchairs, canes, and walkers available  
for loan at no cost.



## Wixom Senior Center Lounge

The Wixom Senior Center Lounge is open for you to hang out, play games, do puzzles, work on crafts or read!

Stop in and help us finish our puzzle!

Did you know that we have a closet full of puzzles for you to work on? Did you know you are free to borrow a puzzle to take home as well?



Wixom Senior Center  
will be closed:

December 24, 25,  
26, 30, 31

January 1, 2, 20



## Parks and Recreation Events and Activities

December 6	Friday	5:00 PM-8:00 PM	Wixom Tree Lighting Festival	Community Center
December 10	Tuesday	1:00 pM-7:00 PM	Red Cross Blood Drive	Community Center
December 14	Saturday	8:00 AM-11:00 AM	Breakfast with Santa	Community Center
December 17	Tuesday	10:00 AM-12:00 PM	Document Shredding	Community Center

Calendars of Events and Fitness are available in the  
Wixom Senior Lounge

Wixom Senior Center  
49015 Pontiac Trail  
Wixom, Michigan 48393

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