

# January 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Happy New Year</i>	2 <i>CENTER CLOSED</i>	3 9:30 Chair Yoga 10:00 Senior Commission	4 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance	5 9:45 Gentle Yoga 11:15 Line Dance 11:30 Movie & Pizza	6 9:30 TGIF Group	7
8	9 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	10 9:30 Chair Yoga 12:30 Lunch & Learn <i>Shopping for Healthy Food</i>	11 9:00 Hearing Check 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance	12 9:45 Gentle Yoga 11:15 Line Dance 1:00 Chair Volley Ball	13 9:30 TGIF Group Euchre!	14
15	16 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	17 9:30 Chair Yoga	18 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance 1:00 <b>SILLY AUCTION!</b>	19 9:45 Gentle Yoga 11:15 Line Dance 12:00 Potluck, Bingo & Birthday	20 9:30 TGIF Group	21
22	23 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	24 9:30 Chair Yoga 12:00 Veteran's Lunch	25 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance	26 9:45 Gentle Yoga 11:15 Line Dance	27 9:30 TGIF Group	28
29	30 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	31 9:30 Chair Yoga 12:00 Soup Day Special!	<b>Daily Activities:</b> 9:30 –4 Cards & Games Monday—Thursday Senior Commission sponsored TGIF 9:30-4 Fridays	<b>PLEASE NOTE:</b> <i>Calendar is subject to change. Please check the Center for the most up to date information.</i>		


# February 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance <b>1:00 Glass Jewelry</b>	<i>2</i> 9:45 Gentle Yoga 11:15 Line Dance 11:30 Movie & Pizza	<i>3</i> 9:30 TGIF Group	<i>4</i>
<i>5</i>	<i>6</i> 9:00 Blood Pressure 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	<i>7</i> 9:30 Chair Yoga @ City Hall	<i>8</i> 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance 1:00 Lunch & Learn <i>Choosing the Right Dr.</i>	<i>9</i> 9:45 Gentle Yoga 11:15 Line Dance  <i>Daddy Daughter Dance</i>	<i>10</i> 9:30 TGIF Group Euchre!	<i>11</i>
<i>12</i>	<i>13</i> 10:00 Exercise 11:15 Zumba Gold 11:30 Lunch Bunch 1:00 Wixom Singers	<i>14</i> 9:30 Chair Yoga 12:00 Valentine's Party  	<i>15</i> 10:00 Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance	<i>16</i> 9:45 Gentle Yoga 11:15 Line Dance 12:00 Potluck, Bingo & Birthday	<i>17</i> 9:30 TGIF Group	<i>18</i>
<i>19</i>	<i>20</i> <b>PRESIDENTS DAY CITY OFFICES CLOSED</b>	<i>21</i> 9:30 Chair Yoga	<i>22</i> 10:00 <b>NO</b> Exercise 11:15 Zumba Gold 12:30 Mah Jongg 1:00 Matter of Balance (last week)	<i>23</i> 9:45 Gentle Yoga 11:15 Line Dance 12:30 Lunch & Learn <i>Stress Hormones &amp; Health</i>	<i>24</i> 9:30 TGIF Group @ City Hall	<i>25</i>
<i>26</i>	<i>27</i> 10:00 Exercise 11:15 Zumba Gold 1:00 Wixom Singers	<i>28</i> 9:30 Chair Yoga 12:00 Veteran's Lunch	<b>Daily Activities:</b> <i>9:30 –4 Cards &amp; Games</i> <i>Monday—Thursday</i> <i>Senior Commission</i> <i>sponsored TGIF</i> <i>9:30-4 Fridays</i>	<b>PLEASE NOTE:</b> <b>Calendar is subject to change. Please check the Center for the most up to date information.</b>		

# March 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>Daily Activities:</i>            9:30 –4 Cards &amp; Games            Monday—Thursday            Senior Commission            sponsored TGIF            9:30-4 Fridays</p>	<p><b>PLEASE NOTE:</b>  <i>Calendar is subject to            change. Please check the            Center for the most up to            date information.</i></p>	<p>1            10:00 Exercise            11:15 Zumba Gold            12:30 Mah Jongg</p>	<p>2            9:45 Gentle Yoga            11:15 Line Dance            11:30 Movie &amp; Pizza            7:00 State of the City</p>	<p>3            9:30 TGIF            Group</p>	<p>4</p>
5	<p>6            9:00 Blood Pressure            10:00 Exercise            11:15 Zumba Gold            1:00 Wixom Singers            AARP Tax Prep</p>	<p>7            9:30 Chair Yoga</p>	<p>8            9:00 Hearing Check            10:00 Exercise            11:15 Zumba Gold            12:30 Mah Jongg</p>	<p>9            9:45 Gentle Yoga            11:15 Line Dance            1:00 Lunch &amp; Learn  <i>Paying for Health Care</i></p>	<p>10            9:30 TGIF            Group            Euchre!</p>	<p>11</p>
12	<p>13            10:00 Exercise            11:15 Zumba Gold            11:30 Lunch Bunch            1:00 Wixom Singers</p>	<p>14            9:30 Chair Yoga            10:00 Senior Commission            10:00 <b>Paper Shredding</b></p>	<p>15            10:00 Exercise            11:15 Zumba Gold            12:30 Mah Jongg</p>	<p>16            9:45 Gentle Yoga            11:15 Line Dance            12:00 Potluck, Bingo &amp;            Birthday</p>	<p>17            11:00 St.             Patrick's            Day Party            *music with            Tom Slatton</p>	<p>18</p>
19	<p>20            10:00 Exercise            11:15 Zumba Gold            1:00 Wixom Singers            AARP Tax Prep</p>	<p>21            9:30 Chair Yoga</p>	<p>22            10:00 Exercise            11:15 Zumba Gold            12:30 Mah Jongg</p>	<p>23            9:45 Gentle Yoga            11:15 Line Dance</p>	<p>24            9:30 TGIF            Group</p>	<p>25</p>
26	<p>27            10:00 Exercise            11:15 Zumba Gold            1:00 Wixom Singers</p>	<p>28            9:30 Chair Yoga            12:00 Veteran's Lunch</p>	<p>29            10:00 Exercise            11:15 Zumba Gold            12:30 Mah Jongg</p>	<p>30 <i>National Hot Dog Day</i>            9:45 Gentle Yoga            11:15 Line Dance            12:00 "Who Am I?"            Hot Dog Lunch</p>	<p>31            9:30 TGIF            Group @            City Hall            7:00 Wine  <i>Tasting</i></p>	